

# Don't Be Lazy, Read This!

## Practicing Ionian Mode

Play the Tonal Center Chord. And then the Basic Key Position first, starting from **(1)**, the Ionian Tone. Retain **(1)** in your ear as the **Tonal Center**, then as you play the Key Position and LISTEN, you'll hear the Key in Ionian Mode. Also read

### Letters Modes and Numbers

The **6<sup>th</sup> tone** of the Ionian Mode is frequently lowered to a **flatted 6<sup>th</sup>** when the Five Chord is in effect. In Ionian, the **b6<sup>th</sup>** resolves to the **5<sup>th</sup>** of the Tonal Center Chord.

After the resolution, the Ionian Mode and the Key Position return to their original unaltered form.

Play the Two, Five, and diminished 7th Chords, and resolve them to the Tonal Center Chord. You will begin to hear, feel, and understand the Ionian Mode. Make a Loop of the progressions in Band in a Box and use Key Position Two to improvise to it.

**R6** = Chord Root on 6th String, **letter name** of the Chord on the 6th string,

**R5** = Chord Root on 5th String, **letter name** of the Chord on the 5th string,

**R4** = Chord Root on 4th String, **letter name** of the Chord on the 4th string

## Key Position Two, Two Five One, Ionian Mode

Two min.7 (R4)      →      Five 7 (R6)      →      One maj. (R5)

Key Position One		
One		
Any Fret		
5	7 3 6	7 3 6
6	1 4 2 5	1 4 2 5
fingering	X 1 X 2 4 3	1 X 2 4 3 X

Two min.7 (R5)      →      Five 9 (R6)      →      One maj.7 (R5)

Key Position One		
One		
Any Fret		
5	7 3 6	7 3 6
6	1 4 2 5	1 4 2 5
fingering	X 1 X 2 4 3	2 X 1 3 1 4

## Key Position Two, Two Five One, Ionian Mode

Two min.7 (R4) → Five 11 (R6) → One maj.7 (R5)

Key Position One  
One  
Any Fret

fingering X 1 X 2 4 3      1 X 2 4 4      X 1 X 3 4 2

Two min.7 (R4) → Five 13 (R6) → One maj.69 (R5)

Key Position One  
One  
Any Fret

fingering X 1 X 2 4 3      1 X 2 3 4 4      X 2 1 1 3 4

# Key Position Two, Two Five One, Ionian Mode

Two min.7 (R5) → Five 7b9 (R6) → One maj.69 (R5)

Key Position One  
One  
Any Fret

fingering X 1 X 2 4 3

fingering 1 X 2 3 2 4

fingering X 2 1 1 3 4

Two min.7 (R5) → Dim. 7 (R5) → One maj.69 (R5)

Key Position One  
One  
Any Fret

fingering X 1 X 2 4 3

fingering 1 X 2 3 2 4

fingering X 2 1 1 3 4

## Key Position Two, Two Five One, Ionian Mode

Five 11 (R6) → Five 13b9 (R6) → One maj.69 (R5)

Key Position One  
Any Fret

fingering X 1 X 2 4 3    T X 1 2 2 3    X 2 1 1 3 4

The **following slide** shows a summary of the Five Chord Arpeggios in Key Position Two, Ionian Mode. The **b6<sup>th</sup>** can be regarded as just a single note that can be utilized against the Five Chord when it occurs in the Two Five One progression. It pulls into the **5<sup>th</sup>** of the One Chord.

Any phrase that occurs to you in the moment will be some random combination of the notes in these arpeggios. The object in practicing them is to develop a feeling for them as individuals. Then these can be mixed together. You can also construct and practice phrases utilizing them in combination, and use them in your solos.

# Key Position Two, Five One arpeggio Summary, Ionian Mode

The diagrams are arranged in two rows of three. Each diagram shows a fretboard grid with notes and fingerings.

**Five 7 Arpeggio**  
 Notes: 7, 3, 6, 5, 1, 4, 2, 5, 6, 2, 5, 1, 3, 6, 4  
 Fingering: 2, 1, 2, 3, 1, 1, 4, 4, 4

**Five 9 Arpeggio**  
 Notes: 7, 3, 6, 5, 1, 4, 2, 5, 6, 2, 5, 1, 3, 6, 4  
 Fingering: 4, 1, 2, 1, 1, 3, 4, 4, 3

**Five 13 Arpeggio**  
 Notes: 7, 3, 6, 5, 1, 4, 2, 5, 6, 2, 5, 1, 3, 6, 4  
 Fingering: 4, 1, 1, 1, 1, 4, 3, 2, 3, 4

**Five 7b9 / Dim.7 Arpeggio**  
 Notes: 7, 3, 6, 5, 1, 4, 2, 5, 6, 2, 5, 1, 3, 6, 4, b6  
 Fingering: 2, 1, 1, 2, 1, 1, 4, 3, 3

**Five 13 b9 Arpeggio**  
 Notes: 7, 3, 6, 5, 1, 4, 2, 5, 6, 2, 5, 1, 3, 6, 4, b6  
 Fingering: 3, 1, 1, 1, 3, 2, 2, 2, 4, 2

**One maj.7 Arpeggio**  
 Notes: 7, 3, 6, 5, 1, 4, 2, 5, 6, 2, 5, 1, 3, 6, 4  
 Fingering: 2, 1, 1, 3, 3, 1, 2, 4, 4, 3, 1